

MESSENGER AUGUST 26, 2020

**VOTE DAILY FOR STT FUNDRAISER
VOTE, VOTE, VOTE at hornellp.com/20in20/
SEE INFORMATION IN THIS NEWSLETTER**

(E-mail sent this morning in case you did not get it.)

Dear Friends,

My precious Mom went to be with our Lord at around 4:15 this morning. I am grateful beyond words to have been with her as she very peacefully passed from this earthly life into life eternal. While we grieve the loss of our mom, we rejoice in her gain.

Our family will have a private celebration of Mom's life. I will be taking the next few days off. Thank you for your many prayers, texts, cards, emails and calls, and for your continued prayers for us in the days ahead.

Love and blessings,

David and Kim

PRAYER CONCERNS

Sympathy is extended to *Pastor David and Kim* in the death of his Mom, Eunice Gillis on 8/26. May they feel our love and prayers in the days ahead in their time of grief and loss.

Sympathy is extended to *Terri Luisi and Family* in the death of Glenn on 8/18/2020. In the future there will be a Memorial Service for Glenn at Faith Harbor. Keep this family in your prayers that they may feel your love at their time of loss. May God grant them peace and comfort in the days ahead. ***(Mailing address- 3349 Millwood Way, St. Augustine, FLA 32086)***

Members Jim Ace, Jonathan Adams, Scott Adams, Joyce Arnette, Tom Bradford- surgery on 8/21, Nancy Buckman, Connie Carroll, Frank Carroll, ***Ed and Rebecca Drudge-Ed is now in Hospice Care***, Cal and Diane Geary, Jim and Faye Graziano, Stephanie Hardin, Horne, Gail and Mike Kaufmann, Janice Long, Terri Luisi and Family, Neal McHenry, Martha Marlow, Nancy Merlino, Delores Miner, Jenny Mizzell, Becki Modlin, Larry Modlin, Alma Osborn, Christine Redmond, Nancy Smith, Dave and Jill Strohpaal, Alice Williams, Kelly Wills.

Military: Joe Fraley, Sg. Joey Horne, John Modlin, Branden Mooney, **Tyler Ray- John and Marsha Ray's Grandson**, Anthony Ripley, David Ritz.

Friends: Those in the path of Hurricane Laura, especially Dave and Jill Strophal's son and daughter -in-law, Willie Arnette, Rev. Dr. Daniel Sasaro Brewer, George Brodgen, Del Brouwer, Colin Campbell, Allison's Brother, Candie, Kathy Carlston, Chris Carroll, Carole and Blaine, Carter, **Children**, Chimer Clark, Kathy Clapp, Eddie, Tobey Ferry, Jan Foster, Pastor Gary Gandy, Jensen Gandy, J.W. Gibson, Kelly and Amy Glass, Marlene Grove, Gene Harris, Roy Horne, Leslie Irving, Joanne, Donna Johnson, Major Jones, Beth Kane and her father, Dr. Jack Kem, Kevin Kesterson. Kody, Craig Jenkins, Brenda Leonard, Liza, A.J. Long, Doreen Luisi, Nancy McAloney, Andrea (Ann) Maready, Beth Matthews, Ernie Mazzei, Michelle, Monica, Sarah Moyer, Nathan, Sherri Nelson, Chuck Osburn, Becky and Phil Osborne, **Parents**, Dot Phillips, Penny, Bobby Phillip's niece, Denise, **Susan Penny**, Jimmy Platts, Virginia Platts, Judy Pratt, **Ronnie and Tona- Covid-19**, Tania Roth, Betty Saunders, Nancy Serriano, Bear Shenemen, Jonathan Sloan, Katrina Seferyn, Allison Sutton, covid-19, Maria Sutton, Don Sweeney, Sister Monique Schwirtz, **Teachers**, Terry, Theresa, Christopher Thomas, , Andrea Wright, and Bill Zell.

Week of 08-24-2020 Scripture card

Centering Prayer: Lord, help me to live for you.

Psalm of the Week: Psalm 42

M Deut. 6:4-9

T Joshua 24:14-15

W Colossians 3:12-17

T 1 Peter 3:15-17

F John 12:26

S Matthew 16:24-27

Key Scripture: Matthew 16:15-16 He said to them, "But who do you say that I am?" Simon Peter replied, "You are the Christ, the Son of the living God."



26 Cale Horne
Connie Kane
Patsy Mathews

28 Willie Bryan
29 Elethia Osborn
April Shannon
30 Clayann Binning
Sharon Jordan

VOTE, VOTE, VOTE at hornellp.com/20in20/



Allison Stowers is now accepting piano, flute, and voice students of all ages - beginner, intermediate, and early advanced!

Lessons can be in the Sanctuary or in your home.

Call or email with any questions 1-804-651-5488

allisoncstowers@gmail.com

SHARE THE TABLE NEEDS....Back in Feb. we started different groups Adopting A Shelf at Share the Table and **Faith Harbor is to do condiments.** We need donations of ketchup, mustard, mayo, salad dressings, oils, sugar, flour etc. Bring them to the church or STT location.

Thanks, Dawn Ellis

CENTERING PRAYER GROUP WILL NOW MEET ON THURSDAY MORNINGS AT 9:00AM IN THE SANCTUARY.

BE SURE TO WEAR YOUR MASK.

LIVE STREAM EQUIPMENT \$2000 CHALLENGE.

CHALLENGE DEADLINE EXTENDED!

THE EQUIPMENT IS ORDERED- SOON TO BE INSTALLED.

LIVE STREAMING TO BE AVAILABLE IN THE NEAR FUTURE.

The giver of the Challenge Funds has agreed to extend the deadline for meeting the \$2,000 challenge for our Live Streaming Equipment.

The DEADLINE NOW IS SEPTEMBER 9TH.

So that allows over two more weeks for members and friends to donate to this fund. Any amount given toward the \$2000 goal will be matched making a total of \$4000 going toward the equipment. So if you give \$10 that will equal \$20 with the matching funds and so on and so on.....



Please give to this special fundraiser so we can meet our challenge of \$2000 by September 9th. Make your check to Faith Harbor UMC and put on the For Line: Live Stream Challenge. If giving cash in an envelope mark it Live Stream Challenge. We have had challenges before and met them each time.

Let's keep up that great record and meet our goal of \$2000 by September 9th.



Your giving and generosity is appreciated in making live streaming of our Sunday Worship available to our members who are unable to attend the services and to many non-members in our community. Thanks to those who have already given to this outreach mission.

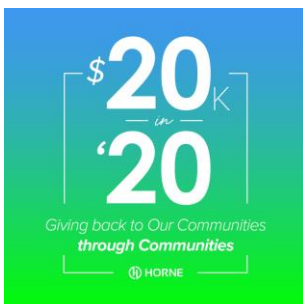
We STILL Need Your Vote!

HORNE LLP, one of the top CPA and business advisory firms in the nation, has selected our organization to participate in its HORNE \$20K in '20 charity vote. HORNE is a decidedly different firm that is changing expectations of the accounting profession and steering clients through uncertainties and opportunities ahead. One of our previous clients now works for HORNE LLP and has nominated us for the HORNE \$20K in '20 contest! This is a fundraising competition for non-profits who have been affected by COVID-19.

A public vote will be held online August 10-30th and the winning charity will win \$20,000. But there's more! Second place receives \$10,000 and third place, \$5,000.

YOU CAN VOTE 1 TIME DAILY at hornellp.com/20in20/

August 10-30th



When the site opens-find the icon for Share the Table and proceed to vote. It will ask for your e-mail address to confirm your vote and for them to keep track of only 1 vote per day.

Tell your friends about this and ask them to vote as well.

NEW BOOK STUDY ON HOLD

Friends, due to the death of David's Mom, I need to postpone the book study "What Happens When Women Say Yes to God". I am so sorry!

I will update you via the Wednesday Messenger when I plan to start the study.

We will be starting a new book study using the book, "What Happens When Women Say Yes to God" by Lisa TerKeurst. Please go ahead and read the first three chapters so that we will be ready to go!

If you are interested in joining, please let me know. Looking so forward to this study!
Much love to each of you!

Kim King Kdking60@gmail.com

FAN (Faith, Activity, Nutrition) Message

I Corinthians 3:16, 17 (NKJV)

16 Do you not know that you are the temple of God and that the Spirit of God dwells in you? 17 If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Hmmm.... I don't know about you, but, right now this Scripture is convicting me.

We are each a temple of God and the Spirit of God dwells within us. We are not to defile our temple, but rather, keep it holy. **How exactly do we do that?** It begins with honoring the body that God has given us by doing things like eating healthy, exercising and getting a good night sleep. Another essential is to stay in God's word daily to keep us connected to the Creator of our bodies.

While this may sound simple, it's oftentimes not so simple.

Eating Healthy: With so many wonderful healthy options, this is fairly easy to adhere to, right? Not so fast. What about all of the wonderful not so healthy options? This is where we need the help of the Holy Spirit to help us choose wisely. Our bodies run so much better on the most natural foods that God has graciously provided. While it's okay to have things that are on the not so healthy list every now and again, we need to remember that our bodies function better with whole grains, fruits, vegetables and lean protein. Let's challenge ourselves to eat healthy for one month and let's see how much better we feel!

Exercising: First, check with your doctor before beginning any exercise routine. Our bodies are made to move! Start slow and build up. Even if you only move your arms and feet while sitting, you are moving and that is good. Think about all of the ways we can move: walk, jog, run, play golf, ride a bike and exercise video's, just to name a few. Let's challenge ourselves to begin moving more!

Getting a good night sleep: Begin by increasing bright light exposure during the day. Get out in the sunshine! Reduce blue light exposure in the evening. Don't consume caffeine late in the day. Try to sleep and wake at regular times. Exercise also helps you get a better night sleep.

Staying in God's word: Set apart a time to spend reading the Bible, a devotion or listening to a podcast. You can download apps on your phone that have the Bible and many different Bible studies or devotions. Join a Bible study group. This is one of the most life-giving exercises we can do for ourselves.

My friends, let's commit to caring for the temple God has given us!

If anyone is interested in joining an accountability group via Zoom until we can all meet together, please email me at kdking60@gmail.com.

Love and blessings,
Kim King