

MESSENGER AUGUST 19, 2020

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SEE INFORMATION IN THIS NEWSLETTER

Grace and peace to you in the name of our Lord Jesus Christ!

What a joy it was this past Sunday to return to in-person worship in our Sanctuary! I believe all of our safety practices and protocols went very well. I want to thank our Trustee Co-Chairs Faye Decatur and Shade, as well as all those who moved chairs and otherwise prepared the Sanctuary for safe, socially-distanced worship. Special thanks to Judd Schleinkofer for installing new and more effective filters in our air conditioning units. Shade has already disinfected the Sanctuary in preparation for this coming Sunday's service. I hope many of you will be able to join us as we consider Matthew 16:13-20 and the most important question you will ever answer!

For those unable to attend in-person, we will of course continue to offer an online service each week. While the online service is currently pre-recorded, we will soon be moving to live-streaming of our Sunday morning worship service. Most of the live-streaming equipment that we ordered has already arrived, and the installation work will begin very soon. All live-streamed services will be posted on our website, and will be available for viewing afterwards. We are continuing to accept donations for the unbudgeted cost of the live-streaming equipment and installation.

This is the first week of school for our many of our students, parents, teachers and administrators, and I want to invite you to be in prayer for them. I will close with the following prayer for the beginning of a new school year from our *United Methodist Book of Worship*:

*At the beginning of a new school year, O God of wisdom, we offer thanks and praise
for the gift of new beginnings and for the opportunity to learn and to wonder.*

We pray for teachers, students, and staff, asking that this year might be rewarding for all.

Be with them as they face the challenges of new tasks, the fear of failure,

And the expectations of parents, friends, and themselves.

*May all learning and all teaching lead to growing in service to others, and love for your world, through
Jesus Christ our Savior. Amen.*

Peace and blessings,

Pastor David

PRAYER CONCERNS

Sympathy is extended to Terri Luisi and Family in the death of Glenn on 8/18/2020. In the future there will be a Memorial Service for Glenn at Faith Harbor. Keep this family in your prayers that they may feel your love at their time of loss. May God grant them peace and comfort in the days ahead. (**Mailing address- 3349 Millwood Way, St. Augustine, FLA 32086**)

Members Jim Ace, Jonathan Adams, Scott Adams, Joyce Arnette, **Tom Bradford- surgery on 8/21**, Nancy Buckman, Connie Carroll, Frank Carroll, **Ed and Rebecca Drudge**, Cal and Diane Geary, Jim and Faye Graziano, Stephanie Hardin, Horne, Gail and Mike Kaufmann, Janice Long, Terri Luisi and Family, Neal McHenry, Martha Marlow, Nancy Merlino, Delores Miner, Jenny Mizzell, Becki Modlin, Larry Modlin, Alma Osborn, Christine Redmond, Nancy Smith, Dave and Jill Strohpaull, Alice Williams, Kelly Wills.

Military: Joe Fraley, Sg. Joey Horne, John Modlin, Branden Mooney, Anthony Ripley, David Ritz.

Friends: Willie Arnette, The Family of Victoria Baily Rudolph Batts, Rev. Dr. Daniel Sasaro Brewer, George Brodgen, Del Brouwer, Colin Campbell, Allison's Brother, Candie, Kathy Carlston, Chris Carroll, Carole and Blaine, Carter, **Children**, Chimer Clark, Kathy Clapp, Eddie, Tobey Ferry, Jan Foster, Pastor Gary Gandy, Jensen Gandy, J.W. Gibson, **Eunice Gillis**, Kelly and Amy Glass, Marlene Grove, Gene Harris, Roy Horne, Leslie Irving, Joanne, Donna Johnson, Major Jones, Beth Kane and her father, Dr. Jack Kem, Kevin Kesterson. Kody, Craig Jenkins, Brenda Leonard, Liza, A.J. Long, Doreen Luisi, **Morgan and Maddox Mason-Covid-19**, Nancy McAloney, Andrea (Ann) Maready, Beth Matthews, Ernie Mazzei, Michelle, Monica, Sarah Moyer, Nathan, Sherri Nelson, Chuck Osburn, Becky and Phil Osborne, **Parents**, Dot Phillips, Penny, Bobby Phillip's niece, Denise, Jimmy Platts, Virginia Platts, Judy Pratt, Tania Roth, Betty Saunders, Nancy Serriano, Bear Shenemen, Jonathan Sloan, Katrina Seferyn, Allison Sutton, covid-19, Maria Sutton, Don Sweeney, Sister Monique Schwartz, **Teachers**, Terry, Theresa, Christopher Thomas, , Andrea Wright, and Bill Zell.

Week of 08-17-2020 Scripture card

Centering Prayer: Lord Jesus, help me let go of any self-identity that is not of you.

Psalm of the Week: Psalm 139

M Galatians 2:20

T 1 Peter 2:9-10

W Colossians 3:1-3

T Romans 6:6-11

F Jeremiah 1:4-5

S 2 Corinthians 5:16-21

Key Scripture: 2 Cor. 5:17: If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.



19 Edna Fisher
20 Lois Snyder
22 Karter Duddy
26 Cale Horne
Connie Kane
Patsy Mathews

28 Willie Bryan
29 Elethia Osborn
April Shannon
30 Clayann Binning
Sharon Jordan

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SHARE THE TABLE NEEDS....Back in Feb. we started different groups Adopting A Shelf at Share the Table and **Faith Harbor is to do condiments**. We need donations of ketchup, mustard, mayo, salad dressings, oils, sugar, flour etc. Bring them to the church or STT location.

Thanks, Dawn Ellis

ANNOUNCEMENTS

CENTERING PRAYER GROUP WILL NOW MEET ON THURSDAY MORNINGS AT 9:00AM IN THE SANCTUARY.

BE SURE TO WEAR YOUR MASK.

SEE YOU TOMORROW.

We Need Your Vote!

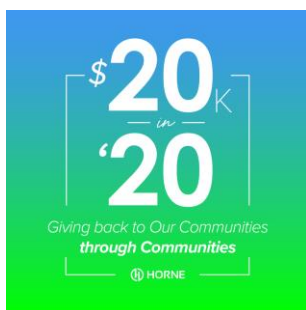


HORNE LLP, one of the top CPA and business advisory firms in the nation, has selected our organization to participate in its HORNE \$20K in '20 charity vote. HORNE is a decidedly different firm that is changing expectations of the accounting profession and steering clients through uncertainties and opportunities ahead. One of our previous clients now works for HORNE LLP and has nominated us for the HORNE \$20K in '20 contest! This is a fundraising competition for non-profits who have been affected by COVID-19.

A public vote will be held online August 10-30th and the winning charity will win \$20,000. But there's more! Second place receives \$10,000 and third place, \$5,000.

YOU CAN VOTE 1 TIME DAILY at hornellp.com/20in20/

August 10-30th



When the site opens-find the icon for Share the Table and proceed to vote. It will ask for your e-mail address to confirm your vote and for them to keep track of only 1 vote per day.

Tell your friends about this and ask them to vote as well.

NEW BOOK STUDY

We will be starting a new book study using the book, "What Happens When Women Say Yes to God" by Lisa TerKeurst.

We will begin on August 27th at 6:30 pm via Zoom.

If you are interested in joining, please let me know. Please read the first three chapters for our first meeting. Looking so forward to this study!

Blessings,
Kim King
Kdking60@gmail.com

FAN (Faith, Activity, Nutrition) Message

I Corinthians 3:16, 17 (NKJV)

16 Do you not know that you are the temple of God and that the Spirit of God dwells in you? 17 If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Hmmm.... I don't know about you, but, right now this Scripture is convicting me.

We are each a temple of God and the Spirit of God dwells within us. We are not to defile our temple, but rather, keep it holy. ***How exactly do we do that?*** It begins with honoring the body that God has given us by doing things like eating healthy, exercising and getting a good night sleep. Another essential is to stay in God's word daily to keep us connected to the Creator of our bodies.

While this may sound simple, it's oftentimes not so simple.

Eating Healthy: With so many wonderful healthy options, this is fairly easy to adhere to, right? Not so fast. What about all of the wonderful not so healthy options? This is where we need the help of the Holy Spirit to help us choose wisely. Our bodies run so much better on the most natural foods that God has graciously provided. While it's okay to have things that are on the not so healthy list every now and again, we need to remember that our bodies function better with whole grains, fruits, vegetables and lean protein. Let's challenge ourselves to eat healthy for one month and let's see how much better we feel!

Exercising: First, check with your doctor before beginning any exercise routine. Our bodies are made to move! Start slow and build up. Even if you only move your arms and feet while sitting, you are moving and that is good. Think about all of the ways we can move: walk, jog, run, play golf, ride a bike and exercise video's, just to name a few. Let's challenge ourselves to begin moving more!

Getting a good night sleep: Begin by increasing bright light exposure during the day. Get out in the sunshine! Reduce blue light exposure in the evening. Don't consume caffeine late in the day. Try to sleep and wake at regular times. Exercise also helps you get a better night sleep.

Staying in God's word: Set apart a time to spend reading the Bible, a devotion or listening to a podcast. You can download apps on your phone that have the Bible and

many different Bible studies or devotions. Join a Bible study group. This is one of the most life-giving exercises we can do for ourselves.

My friends, let's commit to caring for the temple God has given us!

If anyone is interested in joining an accountability group via Zoom until we can all meet together, please email me at kdking60@gmail.com.

Love and blessings,
Kim King